

SHIREMOOR PRIMARY SCHOOL  
PE AND SPORT PREMIUM  
2018 - 2019





## PE and Sport Premium 2018 - 2019



At Shiremoor Primary School we have split the funding into three key areas for consideration: Physical Education, Healthy Lifestyles Awareness and Competitive Sport. We intend to spend our Physical Education and Sport Premium grant, £20,880, on the following which will boost our existing Physical Education and sporting provisions:

Physical Education		Raising standards of all our children in Physical Education.		
Objectives, Rationale & Evidence	Intention	Implementation	Impact	Cost
<p>To ensure confidence in teaching and assessing in PE is developed and is consistent across the school.</p>	<p>Targeted CPD to address concerns highlighted during conversations with staff and through staff audits.</p> <p>Planning documents and schemes of work (SOW) to be utilised by staff throughout school.</p> <p>Staff training to focus on development areas identified in the staff audit and also through observations by PE lead and SLT.</p> <p>Staff audit revealed areas of strengths surrounded games and the main areas for development were gymnastics and theory. 95% of staff said they didn't feel confident in gymnastics.</p> <p>Staff meeting time dedicated to improve confidence and consistency of teaching PE.</p>	<p>SOWs to be kept in PE coordinator's room for all staff to use with a bank of resources and planning on the shared area.</p> <p>A planning folder and teaching notes guidance on the shared area for all staff to access with support for a variety of lessons. References made to useful websites.</p> <p>CPD and staff meeting time dedicated to addressing this.</p> <p>Termly staff meeting to focus on aspects of PE. To include use of ICT to enhance theoretical and analysis.</p> <p>Staff to complete an audit in Autumn Term to identify areas of strengths and development.</p> <p>Target Tracker used to enable a consistent approach towards assessment throughout school.</p>	<p>100% of teaching staff said they benefitted from observing others in PE and being observed and given constructive feedback. As a result, monitoring and observations saw an improvement in the following areas across school: differentiation, progression across lessons and effective use of time.</p> <p>Through the use of video analysis and observations, there has been a visible improvement with teacher intervention during lessons- being more targeted and appropriate due to an increase in subject knowledge.</p> <p>Team-teaching opportunities related to gymnastics supported staff confidence and understanding. More staff felt they could teach a sequence of gymnastics lessons. Looking forward, CPD will be arranged to further improve staff subject knowledge.</p>	<p>£0</p>



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	<p>A more consistent and robust method of assessment within PE.</p>	<p>Pre and post fitness testing in Autumn term for years 3, 4, 5 and 6. Multi-skills test for Year 2 and Fundamental movement tests for Y1 and EYFS.</p>	<p>100% of staff said that the use of Target Tracker has helped to create a more robust form of assessment but need further support in order to become consistent in the correct delivery and assessing of theoretical aspects of PE. As a school we are endeavouring to move away from this in the next academic year so PE lead will be allocated time to create Knowledge Organisers, progression plans and SOW specific and appropriate for the context of our school.</p> <p>Lesson observations and subject monitoring showed that structuring of lessons and inclusion on basic aspects of PE lessons were more consistent throughout school.</p> <p>Improved staff confidence and competency resulted in there being a 39% increase in staff quantifying their confidence in PE as 7/10 or above. There was also a 16% increase in teachers stating that they enjoyed teaching PE. One teacher stated, "I feel that due to the CPD and support I have been given, I am becoming more confident within different areas of PE which has positively impacted upon the development of the children in my class".</p>	
<p>To offer children a diverse and wide PE curriculum.</p>	<p>A curriculum overview designed to engage all children and build upon</p>	<p>PE curriculum shared and discussed during staff meeting with all staff.</p>	<p>All children are now keen to participate in healthy activities during their free time,</p>	<p>£992</p>



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	<p>feedback received from the previous year.</p>	<p>Methods of teaching using varied approaches were explained to engage all children.</p> <p>Improve resources and sports equipment to enhance engagement in PE lessons and extra-curricular activities.</p> <p>Children to become consistent with self-assessment and evaluation. Pupils' self-assessment sheets to be distributed to all staff and to be utilised within KS2 to help progression of lessons.</p>	<p>whilst the older children have improved their communication skills through competing against each other. Evident through the continued sustained 100% in participation rates since 2015. Year 6 saw 71% participate in inter-school competitions, the highest recorded. Conversations with staff show communication skills have improved in the classroom.</p> <p>Observations of and discussions with pupils showed examples such as, 'We have lots of equipment for PE so it helps us to practice our skills to help us improve.' Head teacher implemented an initiative to make improvements to outdoor facilities during current academic year as a result of information obtained from child audits. By using the child audits, it ensures that changes are made with the children at the centre, thus ensuring that the equipment has facilitated their development.</p> <p>Use of iPads to analyse performance has facilitated learning and understanding at a greater level for high attaining pupils but has also acted as a means of engagement and support for lower attaining or least active children. These children have been given roles of coaches which has helped to engage the least</p>	
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			active to become more intrigued by the world of PE and sport by showing them the variety of areas sport covers.	
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Healthy Lifestyle Awareness				
Ensuring all out children have access to regular exercise				
Objectives, Rationale & Evidence	Intention	Implementation	Impact	Cost
<p>To increase physical activity levels of all children.</p>	<p>Increase number of children participating in physical activity and have access to active playtimes and extra-curricular clubs.</p>	<p>An extensive range of extra-curricular clubs offered to all children EYFS to Year 6.</p> <p>Spreadsheet tracking participation levels throughout the school will enable targeted intervention to be used.</p> <p>Sports Leaders to be appointed from Year 5 and 6. Children to undergo training from PE specialists within school to allow them to run active clubs during playtimes.</p> <p>Active Multi-Skills club to be run by Tyne Met College during lunchtimes to encourage participation amongst targeted pupils.</p> <p>Daily Mile initiative to be adopted and a track to be installed for all children and staff to use frequently.</p> <p>Additional playground markings specifically for EYFS and KS1 children.</p>	<p>As a result, there was a recorded 2% increase on participation rates (2019) in extra-curricular sports from previous academic year (2018). It also demonstrated a 4-year trend of improving data. The biggest improvement was seen in EYFS where previously we weren't offering as many opportunities to this age range. Since 2015 we have seen an 11% increase in children attending extra-curricular school sports provisions. There was a 34% increase in SEND participation rates since 2015 and a 9% increase in Pupil Premium children participation rates since 2015. This shows our most vulnerable children are engaging in a physical and healthy lifestyle which hopefully will become embedded as a core value as they continue to grow and move onto high school and adulthood. This is particularly important to us. Our school exists in Decile 3, with 24% of our children living in the 20% most deprived areas nationally.</p>	<p>£11,400</p>



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		<p>A cycle/scooter track will be built and implemented for all children, with the focus being on EYFS and KS1 children, to use scooters and bikes on as well as running.</p>	<p>We recorded 100% of children across all age ranges participated in intra-school competitions. This has been maintained over four years after being addressed as area for development.</p> <p>83% of children from Year 1 to Year 6 now currently take part in extra-curricular sport, which is an increase from the previous academic year. Additionally, all teaching staff are noticing that children are “more alert during lessons” and can “concentrate for sustained periods of time” due to an increase in physical activity levels.</p> <p>All children regularly take part in the Daily Mile challenge during structured and their own free time. This has led to a 42% increase over the previous year when taking part in a whole-school competition. Several teachers noted that <i>“the children’s improved fitness and determination levels has allowed them to gain and sustain focus for much longer in the classroom”</i>. All children completed the Daily Mile Event organised by the Local Authority. This saw an increase from completing 382 miles to 664 miles as a result of regular exposure to the Daily Mile initiative.</p>	
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			<p>All year groups increased the percentage of participation rates to 100% from the previous academic year - Year 2 showed a 27% increase from Year 1; Year 3 showed a 26% increase from Year 2; Year 4 maintained 100% from Year 3; Year 5 maintained 100% from Year 4; and Year 6 showed a 10% increase from Year 5.</p> <p>Efforts towards participating within LEA competitions and festivals has been lower than the previous, therefore this will be a future target of participation. Of the competitions offered by the Local authority, we participated in 43%.</p> <p>All EYFS children will learn learnt to ride a balance bike by the end of the year. Confident children progressed to pedal bikes. All children will have increased confidence and stamina when cycling/scooting. KS2 children have experienced another form of cycling/exercise. All children saw cycling as a sport/healthy activity. Through the introduction of the balance bikes, all children involved were able to transfer skills learnt into their everyday lives outside of school, with this also leading to developing habits for healthy and active future lifestyles.</p>	
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<p>To continue to improve the understanding of links between health and well-being and fitness.</p>	<p>Improve children’s health and well-being through discrete and incidental teaching opportunities, positively impacting on whole-school improvement.</p>	<p>Health Week to take place during Summer term for all children throughout school.</p> <p>Children across all Key Stages to be exposed to regular teaching of theoretical aspects of PE, including healthy eating and healthy lifestyles, why we exercises, which muscles we are using during exercise etc.</p> <p>Science topics to be based around understanding the human body and health and fitness. Resources to support the development on of this, including stopwatches, pedometers, cue cards etc.</p> <p>Both staff and children to understand in more depth the positive relationship between physical activity and health benefits and how this may affect children’s development.</p>	<p>Children to continue to develop a greater understanding of health and active lifestyles which can influence choices in later life. All children are able to identify healthy choices and can highlight the impact they have on their body. During Health Week, children took part in a range of activities, including cooking a healthy meal/snack, which they can use in their everyday lives. Out of the Sports Leaders, 100% said they felt more confident and able in developing sessions that not only promote physical well-being but also mental and social.</p>	<p>£100</p>
<p>To promote a love for choosing a healthy lifestyle amongst wider community.</p>	<p>Engage parents and relatives in the local community to support and adopt a healthier lifestyle.</p>	<p>Weekly ‘Healthy Recipe’ bag sent home with children across the school. Children to be supplied with a selection of vegetables to design and prepare a healthy meal. Children take photographs and share the recipe book for other families.</p>	<p>Positive comments from parents regarding opportunities presented to the children. Children eager to participate and take home a ‘Healthy Recipe’ bag each week throughout the school. Children have been keen to share their recipes and it has helped to support healthy choices in school and strengthen the awareness of healthy choices around school. As a school our As a result of the change in swimming</p>	<p>£160</p>



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			structure, the data measuring how many children can swim 25m has increased by 14% compared with last year's data. This data is improving on a 2-year trend.
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Competitive School Sport		Ensuring all out children have access to regular exercise		
Objectives, Rationale & Evidence	Intention	Implementation	Impact	Cost
<p>To offer a wide range of sport opportunities for all children.</p> <p>To increase participation rates for all children across the school.</p>	<p>Improved numbers of children, including those not currently, participating in competitive sport.</p> <p>For every child, from EYFS – Year 6, to participate in sporting activities within school.</p> <p>An increase in children participating in extra-curricular clubs (provided by school or externally).</p> <p>Improved percentage of children competing in sports.</p>	<p>Staffing/Transport provided to enable pupils to participate in inter-school sports festivals and competitions.</p> <p>Introduction of wider sports to all children, e.g. gymnastics for KS1, full contact rugby for Year 5 and 6, basketball for Year 5 etc.</p> <p>National Sports Week and Health Week to provide children with opportunities to try a range of 'taster' sports, e.g. Frisbee golf, boccia, blind football and seated volleyball with the aim to promote wider experiences and a love for physical activity amongst all children.</p> <p>Intra- and inter-school competitions for all children taking place throughout the year. Local Authority events to be utilised for sport festivals and competitions, links with local schools to be made to hold additional inter-school competitions.</p>	<p>Of the competitions offered by the Local authority, we participated in 43%.</p> <p>Participation levels in physical activity across school increased again which demonstrates a four-year positive trend. Children have been eager to participate and learn new skills. PE coordinator has been able to improved personal CPD whilst researching the relationship between physical activity/participation, handwriting and academic achievement.</p> <p>100% of children across Reception to Year 6 to experience and take part in a sport which was unfamiliar to them previously, which is consistent of a four-year trend. Children benefitted from taking part in small-sided competitions which built up to whole-school competitions in mixed ability teams/groups throughout. This allowed</p>	<p>£5,245</p>



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		<p>Active Multi-Skills club to be run by Tyne Met College during lunchtimes to encourage participation amongst targeted pupils.</p> <p>Sports Leaders to be appointed from Year 5 and 6. Children to undergo training from PE specialists within school to allow them to run active clubs during playtimes.</p> <p>North Tyneside Skipping Festival to be attended, which will provide participation opportunities for Year 4 children and CPD for staff.</p> <p>Newcastle Eagles 'Hoops4Health' in-school sessions and competition for Year 5 children and CPD for staff.</p>	<p>all children to develop their teamwork and leadership, communication and problem-solving skills whilst expressing themselves as independent and effective learners. EYFS members of staff noted, "some of the quietest members of the class really got involved and were more confident when working with their peers during the sessions."</p> <p>Sport Leaders engaged children during break periods. This saw an increase in participation during the school day and targeted least active children in KS1 and Lower KS2. Responses about the sessions, "I like them because I have someone to play with at lunchtimes and the games are fun". "I like to run to keep fit". This has also helped to develop the theoretical understanding of our higher attaining children in PE.</p> <p>100% of children took part in intra-school extra-curricular sporting activities, which was maintained at 100% from the 2017/2018 academic year.</p> <p>Additional sporting provisions has enabled us to target participation. Hoops4Helath and Skipping saw 56% of previous inactive children take part in an inter-competition. Of these children</p>	
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			67% were SEND. They have helped to promote a healthy lifestyle and have further engaged reluctant participants.	
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At Shiremoor Primary School, the Senior Leadership Team and Governors are looking to carry over a remaining budget of £2,983 to support with larger projects and targeted areas over the next academic year. Our initial targets are to continue to improve the outdoor area to further encourage active playtimes and to increase the percentage of competitive opportunities attended.