



## Agility, Balance and Coordination

Year 1	Year 2
I can begin to move in different directions.	I can move with confidence in different directions.
I can begin to explore ways to balance when stationary.	I can explore different ways to balance when stationary.
I can begin to explore various coordination activities eg. Collection games.	I can explore various coordination activities.

## KS1 PE Athletics

Year 1	Year 2
I can run and recognise when I'm running at different speeds.	I can run at different speeds depending on distance sometimes with support.
can jump from a standing position from one spot to another, beginning to think about the position of my feet.	I can jump from a standing position from one spot to another with my feet together.
I can attempt to jump over small obstacles, beginning to think about the position of my feet.	I can jump over small obstacles and understand the importance of the position of my feet.
I can throw an object towards a target using one hand.	I can throw a variety of objects towards a target using one hand.

## KS1 PE Dance

Year 1	Year 2
I can copy some dance moves with some control.	I can copy simple dance moves with increasing control.
I am beginning to understand moving at different levels; low, medium, high, elevated.	I can move at different levels, directions and speed when reminded.
I am beginning to move with different speeds.	
I can move depending on how the music makes me feel.	I can move depending on how the music makes me feel and say why I felt that way.
I can choose actions and link them together to create a simple dance with support.	I can choose actions and link them together to create a dance with increasing independence.



## KS1 PE

### Games

Year 1	Year 2
I can begin to handle a ball with some confidence.	I can handle a ball with increasing confidence.
I can stop a ball with some control.	I can stop a ball with control.
I can send a ball in the direction of another person.	I can pass a ball to another person or target.
I can prepare my body to receive a ball.	I can receive a ball with some control.

## KS1 PE

### Gymnastics

Year 1	Year 2
I can copy and explore basic movements.	I can copy and explore basic movements with increasing control.
I can balance with some control.	I can perform basic rolls and body shapes with increasing control.
I can perform different body shapes with support.	I can use equipment in a range of ways when I move.
I can perform a two-footed jump.	I can link movements together to create a sequence.
I can link 2-3 simple movements.	

## KS1 PE

### Outdoor and Adventurous Activity

KS1 Objectives	
I can use my orienteering skills to find areas around school from a photograph.	I can use my orienteering skills to find objects around school from a photograph.
I can work with a partner and in a small group to complete a simple activity.	I can work with a partner and in a small group to complete a simple activity.
I can explore ways to solve a problem.	I can explore ways to solve a problem.

