

# SHIREMOOR PRIMARY SCHOOL PE AND SPORT PREMIUM 2017-18



At Shiremoor Primary, we receive £16,000 plus an additional £10 per child from Reception to Year 6.

At Shiremoor Primary School we have split the funding into the three key areas for consideration: Physical Education, Healthy Lifestyles Awareness and Competitive Sport. We will spend our Sport Premium grant: £18,910 on the following which will boost our existing Physical Education and sporting provisions:

| Physical Education                                     | Raising standards of all our children in Physical Education.   |   |               |             |
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| <u>Objectives</u><br><u>Rationale and Evidence</u>     | <u>Outcomes</u>  | <u>Action</u>   | <u>Impact</u> | <u>Cost</u> |
| Improve staff subject knowledge and confidence in P.E. | <p>A strategic approach to CPD across the school to support the development of PE and Sport</p> <p>Staff deliver high quality PE lessons</p> | <p>Based on an audit conducted Sept 2017, teaching staff requested (FS1 to Y6) to continue to receive support working alongside PE specialists to deliver high quality lessons in at least one area of activity.</p> <p>Staff to observe one another in PE, sharing good practice</p> <p>Access to schemes of work previously purchased.</p> <p>Access to planning and peer planning with PE coordinator and PE specialist teacher.</p> <p>Observations of PE Coordinator for NQT's and experienced staff</p> <p>Observations of all staff by PE Coordinators- NF, SN and LH.</p> <p>Teachers to attend various sporting competitions with children to learn rules for games.</p> |               | £200        |
|  | Staff have a good understanding of PE, Sport and Physical Activity   | <p>Staff meetings with a PE and Sport focus to be led by PE coordinator to provide training to raise confidence and competence in teaching and assessment in PE and school sport</p> <p>PE coordinator to deliver training to support staff.</p> <p>PE coordinator to deliver training to NQT's.</p>  |               | £100        |

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|  |  | PE Co-coordinator to attend network meetings with LEA. |  |  |
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| <p>Offer children a more diverse P.E curriculum.</p> | <p>A curriculum designed to engage and facilitate better participation in sport from a young age.</p> <p>Improve percentage of children participation in sport out of school.</p> | <p>Improve our sports equipment to enhance engagement in PE lessons.</p> <p>Teachers to use specialised equipment to enhance their PE lessons to cover elements on theoretical understanding such as:</p> <ul style="list-style-type: none"> <li>• Vertical jump board</li> </ul> <p>Children to become consistent with self-evaluation. All children to complete the activity tracker for indoor and outdoor lessons. KS1 and KS2 options. Children to begin to reflect and self-evaluate to set targets. This will support children in understanding theory behind physical activity.</p> <p>Continue to support the provision for a selection of Year 5 and 6 to attend skiing club on a Friday for 20 hours to enthuse children into new sports they wouldn't usually participate in. children to be offered places in ski club on completion of the sessions.</p> |  | <p>£2600</p> |

| Healthy Lifestyles Awareness   | Ensuring all our children have access to regular exercise.                                    |   |               |                                      |
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| <u>Objectives</u><br><u>Rationale and Evidence</u>   | <u>Outcomes</u>   | <u>Action</u>   | <u>Impact</u> | <u>Cost</u>                          |
| <p>Increase pupil's fitness levels</p> <p><b>Rationale</b><br/>Overweight and obesity levels have decreased but we are still 2% above Local Authority average at obese level.</p>  | <p>Pupils' health and wellbeing improved impacting positively on whole school improvement</p> | <p>Offer additional swimming provision to the statutory offer in order to support children who aren't meeting the expected standard by Year 6.</p>  |               | <p>£750</p>                          |
| <p>Increase activity levels for all children.</p> <p><b>Rationale</b><br/>42% of all children from Y1-Y6 said they don't participate in physical activities outside of school.</p> | <p>Increased number of pupils have access to active playtimes and after school clubs</p>      | <p>A range of sporting clubs to be offered for all children Y1-Y6.</p> <p>Breakfast club for Sport Leaders- SAFC Foundation of Light. Accredited course where children work towards receiving a recognised leaders award.</p> <p>Active club during breakfast club for children identified as least active in Y5/6. This will support in promoting and raising profile of sport and health and wellbeing in difficult to reach children.</p> <p>Active lunchtime club run by Tyne Met College. Offering support for Sport Leaders and Middy Supervisors in leading sustainable active play activities to engage children. Targeted children in Years 3 and 4 in Spring term then Least active children in year 1 and 2 in Summer term.</p> <p>Sport Leaders to use playground equipment to support other children in being more active across school.</p> <p>Y5/6 Sport leaders to run a break time and lunchtime 'Mile Challenge' club for<br/>Use of sport leaders to facilitate and lead sport and fitness during break times.</p> |               | <p>£750</p> <p>£2300</p> <p>£125</p> |

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|  |  | Outdoor speakers to be fitted to enable music to be played during break periods to engage children in creative dance.  |  | £300                               |
|  | Focus on fundamental skills in EYFS to develop into sporting activities in future years. | <p>KS1 and EYFS to focus on fundamental movement and multi skills – linking to fitness.</p> <ul style="list-style-type: none"> <li>- Make links through all areas of PE i.e. dance, gymnastics, games.</li> </ul> <p>Planning available to EYFS teachers and support staff.<br/>Schemes of work.<br/>Assessment levels to be given<br/>Technique models to be advised to all staff.</p> <p>Development of outdoor areas for EYFS to develop fundamentals and physical ability at early age with the projection of having a positive impact upon future attainment in school.</p> <p>Small track to develop motor skills for EYFS. To be used as a scooter and balance bike track to develop balance and coordination in younger children.<br/>And support with physical mobility during break periods to get more children running a mile a day.</p> |  | £2500                              |
| <p>Improve understanding of the link between health and well being and physical fitness.</p> <p><b>Rationale</b><br/>Assessment for PE now, not only includes physical ability but comments on the theoretical understanding of a child and their ability to make links.</p> | Pupils' health and wellbeing improved impacting positively on whole school improvement   | <p>Continuation of Health week to take place in Summer term for all children.<br/>Mixed key stage health afternoons to focus on physical and theoretical aspects of health and fitness. Mixed Keystage.</p> <p>Science topics based around health and fitness and understanding the body. Resources to support development of this such as scales, stopwatches, torso, cue cards etc.</p> <p>Links made in lessons to theoretical understanding of why we exercise, which muscles we are using and the impact upon the body and mind.</p>  |  | £1300                              |
|  |  |  |  | £6000 (supported by other funding) |
|  |  |  |  | £300                               |

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|   | <p>Training of Year 5/6 Sport Leaders to develop participation rates during break periods.</p>         | <p>Teachers and children to understand in more depth the positive relationship between healthy bodies and lifestyles and healthy mind.</p> <p>Sunderland AFC Foundation to deliver weekly sport leaders sessions, looking at physical and theoretical aspects of sport.</p>  |  | <p>£690</p> |
| <p>Promote a love for being healthy in the wider community.</p> | <p>Engage parents and relatives in the local community to support and adopt a healthier lifestyle.</p> | <p>Weekly 'Healthy Recipe' bag sent home with children from across the school. Child to be supplied with a selection of vegetables to design and prepare a healthy meal. Children take photographs and share the recipe in the book for other families.</p> <p>The recipes will be turned into a Shiremoor recipe book at the end of the year and sold to parents.</p> |  | <p>£300</p> |

| Competitive School Sport                           | Increasing and sustain pupils' participation in extra-curricular sport.            |  |               |             |
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| <u>Objectives</u><br><u>Rationale and Evidence</u> | <u>Outcomes</u>  | <u>Action</u>  | <u>Impact</u> | <u>Cost</u> |
| Offer a range of sporting opportunities for all.   | Improved numbers including pupils not currently participating in competitive sport | <p>Staffing/transport to enable pupils to participate in intra- school sports festivals and competition</p> <p>Introduce variety of sports i.e. skiing for year 5/6 children, full contact rugby, Futsal, Zumba for Reception and Ks1 and street dance.</p> <p>Health Week in summer term to offer children chance to taste a range of sports such as Frisbee golf, boccia, bowling and cycling to aim to promote a wider experience and love for physical activity for all children. Health week to include inter and intra sports for all children from nursery to Y6 in a range of sport with another school.</p> <p>SEND to attend specialist sports festivals run by Local Authority to support with confidence in sport.</p> |               | £1800       |
|  | Improved percentage of children competing in sports.                               | <p>Intra and inter competitions for all children (Rec-Y6). Links with Local Authority for all sports festivals and tournaments and also links with local school to offer inter-tournaments.</p> <p>More children to access competitions in and out of school for a variety of sports.</p> <p>More children to be referred to sporting provision in the local community. i.e. rugby, football clubs.</p> <p>Attend sports competitions delivered by the LEA.</p>  |               | £350        |



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| Increase participation rates across the school.  | Every child Nursery-Y6 to participate sporting activities in school. | A range of sporting clubs to be offered for all children Y1-Y6. Judo, Zumba, cricket, archery  | £1000 |
|  | Most children Y1-Y6 to attend sporting club (school or externally).  | Use of external agencies to offer sports club. Full contact rugby for Y5/6   | £240  |
|  |  | Use of sport leaders to facilitate and lead sport and fitness during break times.  |       |
|  |  | Tyne Met to offer 'Active Clubs' during break times for targeted children across Lower KS2 and KS1 to raise the profile of benefits and enjoyment of being physical active.                    | £400  |
|  |  | Skipping festival and staff CPD or Y2 and Y4.  |       |
|  |  | Taster sports- bowling for Year3/4 to encourage participation on a range of sports. Sports targeted specifically at cohorts and needs of some of the least active children.                    | £300  |
|  |  | Newcastle Eagles Hoops 4 Health Chn to attend a game to promote different aspects of sport not just focusing on the participation but more on getting children involved and enthused by sport. | £1000 |
| Transport to sports activities and events thus providing opportunities to our children to access a range of provisions not otherwise accessible. | £2500  |  |       |

The SLT and governors are looking to carry over remaining budget to support with larger projects in the next academic year. We are looking to improve outdoor environments to include a running track, bike provision and rowing machines. Sport Premium to be used in support of external funding.

## Swimming

All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

Shiremoor Primary School currently offer swimming lessons for all children in year 5. They attend a local swimming pool once a week for the duration of the academic year. Children are taught by qualified swimming instructors who follow guidelines set out by the Local Authority. As most of our children do not have access to swimming lessons in addition to those provided by the school, the Senior Leadership Team are working with the Local Authority to ensure we have the best programme available to meet the needs of our children. This year, we have had visits from local swimming instructors and RNLI to promote water safety and free swim sessions in a bid to inspire more of our children to access swimming facilities outside of school provisions. We are focusing on changing how we offer swimming in the academic year 2018-19 to ensure we offer the most effective provision for our children.

Currently, in our Year 6 cohort,

|  | Percentage of Year 6 children |
|--|-------------------------------|
| swim competently, confidently and proficiently over a distance of at least 25 metres       | 59%                           |
| use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] | 41%                           |
| perform safe self-rescue in different water-based situations                               | 41%                           |

Even though we are below National Expectations, we have made a 25% increase in children who can swim 25metres since the start of their swimming lessons.