

Physical Education	Raising standards of all our children in Physical Education.		
<u>Objectives</u>	<u>Outcomes</u>	<u>Action</u>	<u>Cost</u>
Improve staff subject knowledge and confidence in P.E.	<p>A strategic approach to CPD across the school to support the development of PE and Sport</p> <p>Staff deliver high quality PE lessons</p>	<p>Based on an audit conducted Oct 2015, teaching staff where requested (FS1 to Y6) to receive support working alongside PE specialists to deliver high quality lessons in at least one area of activity (Dance, Gymnastics, Games).</p> <p>Staff to observe one another in PE, sharing good practice</p> <p>Access to schemes of work previously purchased. Access to planning and peer planning with PE coordinator. Teachers to attend various sporting competitions with children to learn rules for games.</p> <p>Teachers to understand principles of sport and apply these to their lessons. Children in upper KS2 to become aware of these.</p>	
	Staff have a good understanding of PE, Sport and Physical Activity	<p>Staff meetings with a PE and Sport focus to be led by PE coordinator to provide training to raise confidence and competence in teaching and assessment in PE and school sport</p> <p>PE coordinator to deliver training to support staff.</p> <p>PE coordinator to deliver training to NQT's.</p> <p>PE lesson observations carried out by PE coordinator</p> <p>PE Co-coordinator to attend network meetings with LEA.</p>	£300
	All staff use standardised form of assessment in PE	Working with staff and LEA, the PE coordinator will develop a system of assessment which will inform pupils and staff about pupil attainment and performance	
Offer children a more diverse P.E curriculum.	<p>A curriculum designed to engage and facilitate better participation in sport from a young age.</p> <p>Improve percentage of children participation in sport out of school.</p> <p>Use of iPads to offer a more engaging and challenging curriculum.</p>	<p>Improve our sports equipment to enhance engagement in PE lessons.</p> <p>Teachers to use specialised equipment to enhance their PE lessons to cover elements on theoretical understanding</p> <p>Use of ICT to analysis tactics and techniques to improve thinking around sport and PE and also to improve performance.</p>	£450

		<p>Links to be made to coaching and facilitating sport to engage all children of all levels.</p> <p>Children to become consistent with self-evaluation. Looking at SWOT analysis for sport in upper KS2.</p>	
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Healthy Lifestyles Awareness	Ensuring all our children have access to regular exercise.		
<u>Objectives</u>	<u>Outcomes</u>	<u>Action</u>	<u>Cost</u>
Increase pupil's fitness levels	Pupils' health and wellbeing improved impacting positively on whole school improvement	A focus on fitness training in PE lessons for all KS2 pupils.  KS1 and EYFS to focus on fundamental movement and multi skills – linking to fitness.	£700
	Pupils to sustain physical exercise for longer periods of time- impacting positively on sporting ability and performance.	Circuit training for year 3 and 4  Year 5/6 to be fitness tested at start of programme and retested at the end to show progress.  Links made to secondary school fitness testing to bridge gaps between transitions for Y6.  Children and teachers to understand the areas of fitness to focus on each area of PE. i.e. fitness need for sprint runs- anaerobic exercise  HIIT training, endurance training, power, strength, flexibility.	
Increase activity levels for all children.	Increased number of pupils have access to active playtimes and after school clubs	A range of sporting clubs to be offered for all children Y1-Y6.  Use of external agencies to offer sports club. i.e. judo, rugby, dance, cookery, and NUFC.  Use of sport leaders to facilitate and lead sport and fitness during break times.	£1000
	Focus on fundamental skills in EYFS to develop into sporting activities in future years.	KS1 and EYFS to focus on fundamental movement and multi skills – linking to fitness. - Make links through all areas of PE i.e. dance, gymnastics, games. Planning available to EYFS teachers and support staff. Schemes of work.	

		<p>Assessment levels to be given Technique models to be advised to all staff.</p>	
<p>Improve understanding of the link between health and well being and physical fitness.</p>	<p>Pupils' health and wellbeing improved impacting positively on whole school improvement</p>	<p>Children to take part in an extra-curricular club promoting healthy lifestyles. Children to then teach other children in school about their findings.</p> <p>Health week to take place in Autumn term for all children. Health and Sport week in Summer term for all children.</p> <p>Mixed key stage health afternoons to focus on physical and theoretical aspects of health and fitness.</p> <p>Science topics based around health and fitness and understanding the body.</p> <p>Links made in lessons to theoretical understanding of why we exercise, which muscle we are using and the impact upon the body and mind.</p> <p>Teachers and children to understand in more depth the positive relationship between healthy bodies and lifestyles and healthy mind.</p> <p>KS1 to look at how to have a healthy diet.</p> <p>KS2 look at impact diets have upon the body.</p> <p>Use of ICT to analysis physical performance to see effect on body.</p> <p>PE coordinator to work alongside class teachers to deliver programmes on healthy eating.</p> <p>Sport leaders to be trained to give out information about being healthy and train younger children.</p>	<p>£500</p> <p>£890</p>

		Children to make links between discipline, determination and commitment shown in sport and their academic life.	
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<b>Competitive School Sport</b>		<b>Increasing and sustain pupils' participation in extra-curricular sport.</b>	
<u>Objectives</u>	<u>Outcomes</u>	<u>Action</u>	<u>Cost</u>
Offer a range of sporting opportunities for all.	Improved numbers including pupils not currently participating in competitive sport	Staffing/transport to enable pupils to participate in inter school sports festivals and competition  Introduce variety of sports i.e. skiing for year 5/6 children, full contact rugby, and street dance.	£2300
	Improved percentage of children competing in sports.	Intra and inter competitions for all children (Rec-Y6)  More children to access competitions in and out of school for a variety of sports.  More children to be referred to sporting provision in the local community. i.e. rugby, football clubs.  Attend sports competitions delivered by the LEA.	
Increase participation rates across the school.	Every child Nursery-Y6 to participate sporting activities in school.	A range of sporting clubs to be offered for all children Y1-Y6.  Use of external agencies to offer sports club. i.e. judo, rugby, dance, cookery, and NUFC.  Curriculum map of sports covered for all ages.  Use of sport leaders to facilitate and lead sport and fitness during break times.  Sports day in summer term for all children.	£740
	Most children Y1-Y6 to attend sporting club (school or externally).	Participating in a range of sports- independent and team based sports.	