

SHIREMOOR PRIMARY SCHOOL PE PROVISION

S

| | <u>Aut1</u> | <u>Aut2</u> | <u>Spr1</u> | <u>Spr2</u> | <u>Sum1</u> | <u>Sum2</u> |
|-----------|----------------------------------|----------------------------------|-------------|-------------|---|-------------|
| Reception | Multi Skills | Multiskills | Dance | Gymnastics | 2 Outdoor sessions | |
| Year 1 | Multi Skills | Multi skills | Dance | Gymnastics | 2 Outdoor sessions | |
| Year 2 | Multi Skills Fitness Circuits | Multi Skills Fitness Circuits | Dance | Gymnastics | 2 Outdoor sessions | |
| Year 3 | Circuit Training | Dance | Gymnastics | Badminton | 2 Outdoor sessions | |
| Year 4 | Circuit Training | Dance | Gymnastics | Badminton | 2 Outdoor sessions | |
| Year 5 | Fitness Testing | Dance | Gymnastics | Dodgeball | 2 Outdoor sessions Fitness tests to be completed again and analysed | |
| Year 6 | Fitness Testing | Dance | Gymnastics | Dodgeball | 2 Outdoor sessions Fitness tests to be completed again and analysed | |

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| | <u>Aut1</u> | <u>Aut2</u> | <u>Spr1</u> | <u>Spr2</u> | <u>Sum 1</u> | <u>Sum 1</u> | <u>Sum2</u> | <u>Sum2 Sports</u> |
|-----------|---|---|--------------|--------------|------------------------------|------------------------------------|----------------------|---|
| Reception | Multi skills | Multi skills | Multi skills | Multi skills | Multi skills linked to teams | Multi skills linked to team sports | Athletics | Sports Day |
| Year 1 | Multi skills (prepare for games activities) | Multi Skills (prepare for games activities) | Football | Tennis | Cricket | Cricket | Athletics | Sports Day |
| Year 2 | Hockey | Hockey | Football | Tennis | Cricket | Cricket | Athletics | Sports Day |
| Year 3 | Tag Rugby | Tag Rugby | Basketball | Table Tennis | Golf | Rounders | Track 100m,200m | Field vertical jumps |
| Year 4 | Hockey | Hockey | Football | Volleyball | Skipping | Rounders | Track 400m, hurdles. | Field vertical jumps |
| Year 5 | Football | Netball | Tennis | Tennis | Outdoor Adventures | Rounders | Cricket | Track and Field 800m, relay horizontal jumps |
| Year 6 | Football | Netball | Tennis | Tennis | Outdoor Adventures | Rounders | Cricket | Track and Field 1500m, relay horizontal jumps |