

SHIREMOOR PRIMARY SCHOOL PE PROVISION

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	<u>Aut1</u>	<u>Aut2</u>	<u>Spr1</u>	<u>Spr2</u>	<u>Sum1</u>	<u>Sum2</u>
Reception	Multi Skills	Multiskills	Dance	Gymnastics	2 Outdoor sessions	
Year 1	Multi Skills	Multi skills	Dance	Gymnastics	2 Outdoor sessions	
Year 2	Multi Skills Fitness Circuits	Multi Skills Fitness Circuits	Dance	Gymnastics	2 Outdoor sessions	
Year 3	Circuit Training	Dance	Gymnastics	Badminton	2 Outdoor sessions	
Year 4	Circuit Training	Dance	Gymnastics	Badminton	2 Outdoor sessions	
Year 5	Fitness Testing	Dance	Gymnastics	Dodgeball	2 Outdoor sessions Fitness tests to be completed again and analysed	
Year 6	Fitness Testing	Dance	Gymnastics	Dodgeball	2 Outdoor sessions Fitness tests to be completed again and analysed	

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	<u>Aut1</u>	<u>Aut2</u>	<u>Spr1</u>	<u>Spr2</u>	<u>Sum 1</u>	<u>Sum 1</u>	<u>Sum2</u>	<u>Sum2 Sports</u>
Reception	Multi skills	Multi skills	Multi skills	Multi skills	Multi skills linked to teams	Multi skills linked to team sports	Athletics	Sports Day
Year 1	Multi skills (prepare for games activities)	Multi Skills (prepare for games activities)	Football	Tennis	Cricket	Cricket	Athletics	Sports Day
Year 2	Hockey	Hockey	Football	Tennis	Cricket	Cricket	Athletics	Sports Day
Year 3	Tag Rugby	Tag Rugby	Basketball	Table Tennis	Golf	Rounders	Track 100m,200m	Field vertical jumps
Year 4	Hockey	Hockey	Football	Volleyball	Skipping	Rounders	Track 400m, hurdles.	Field vertical jumps
Year 5	Football	Netball	Tennis	Tennis	Outdoor Adventures	Rounders	Cricket	Track and Field 800m, relay horizontal jumps
Year 6	Football	Netball	Tennis	Tennis	Outdoor Adventures	Rounders	Cricket	Track and Field 1500m, relay horizontal jumps